

# Construction of External Control Arms (ECA) in Relapsed and Refractory Multiple Myeloma (RRMM)

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## Introduction

- **External Control Arms (ECA) can be constructed using real-world data (RWD)** to improve commonly applied indirect treatment comparison approaches when use a control arm poses logistical or ethical challenges or a randomized control trial (RCT) is not possible.
- **The use of RWD in regulatory submissions is increasingly common**, particularly in oncology.
- **Treatment for multiple myeloma (MM)**, an incurable cancer of the bone marrow, **aims to increase survival and quality of life**; however, as patients relapse and become refractory to prior treatments, the availability of further treatment options reduces [1-4].
- Trials such as **ICARIA-MM** [5] and the pooled trials **SIRIUS+GEN 501** [6] **have investigated novel treatments** for use in the relapsed and refractory MM (RRMM) population with progression-free survival (PFS) and overall survival (OS) as outcomes.

## Objectives

1. **Construct ECAs using RWD for each trial based on trial-specific inclusion and exclusion criteria** and assess baseline characteristics in each group;
2. **Compare the ECAs to the trial control arms and the trial treatment arms for each trial using KM curves**;
3. **Calculate overall survival (OS) and real-world progression-free survival (rwPFS)** using the ECA and compare to the trial OS and PFS for each trial.

## Methods

1. **Patients with MM (ICD-10 code C90.0)** were retrospectively identified between 2000 and 2023 from the Arcturis UK dataset using de-identified secondary care EHR.

2. **Arcturis' proprietary Lines of Therapy (LoT) algorithm** was applied to anti-cancer therapy data to construct patient lines of therapy.

3. **Inclusion and exclusion criteria** of each trial were applied to RWD to construct **ECAs** for the **ICARIA-MM** and pooled **SIRIUS+GEN 501** trials.

4. **Broad and narrow ECA cohorts** were constructed.

**Broad:** Patients with therapy exposure similar to trial participants, e.g. PI exposure.

**Narrow:** Patients in the broad cohort meeting the inclusion/exclusion criteria of each trial.

5. Outcomes of **rwPFS and overall survival** were identified using RWD equivalents of the International Myeloma Working Group (IMWG) criteria for progressive disease and the difference in time from diagnosis to death respectively.

6. **Baseline characteristics** in each **ECA** were compared with the respective trial to assess covariate imbalance in the absence of individual patient data (IPD) and **unadjusted Cox proportional hazards models** (or log-rank test if non-proportional) performed to assess the difference between **ECA** and trial populations.

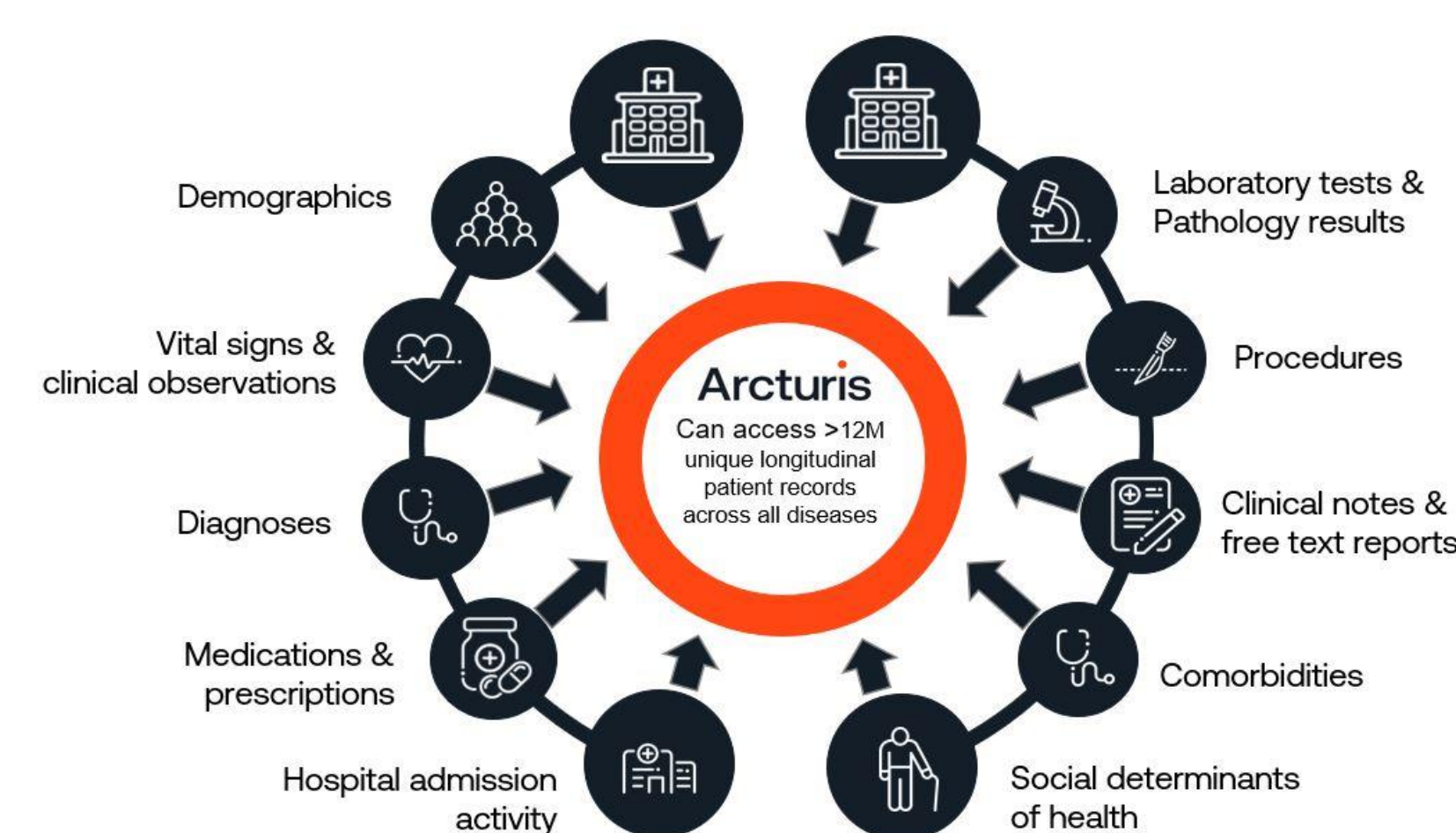
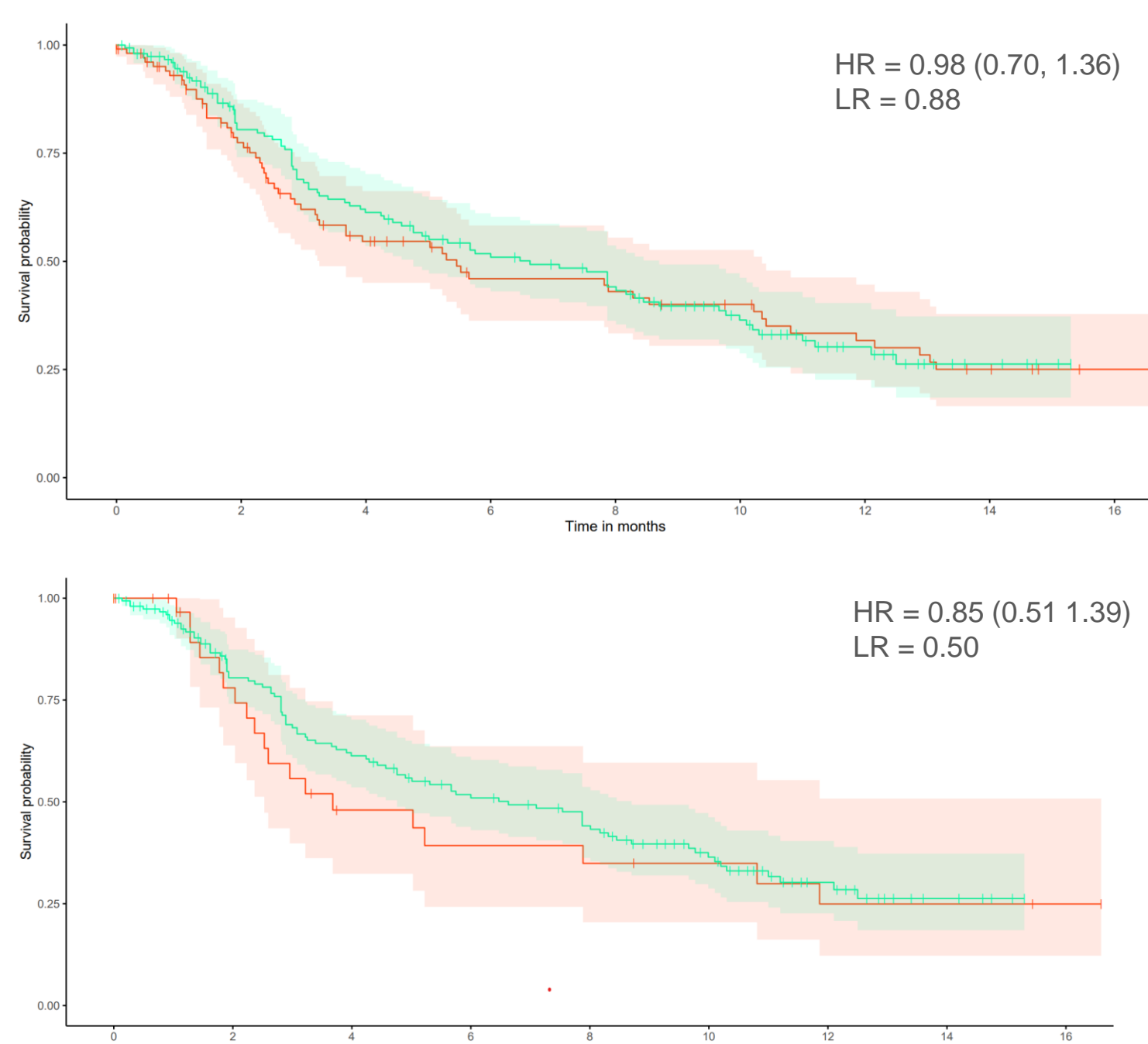


Figure 1. Types of data included in the Arcturis UK dataset

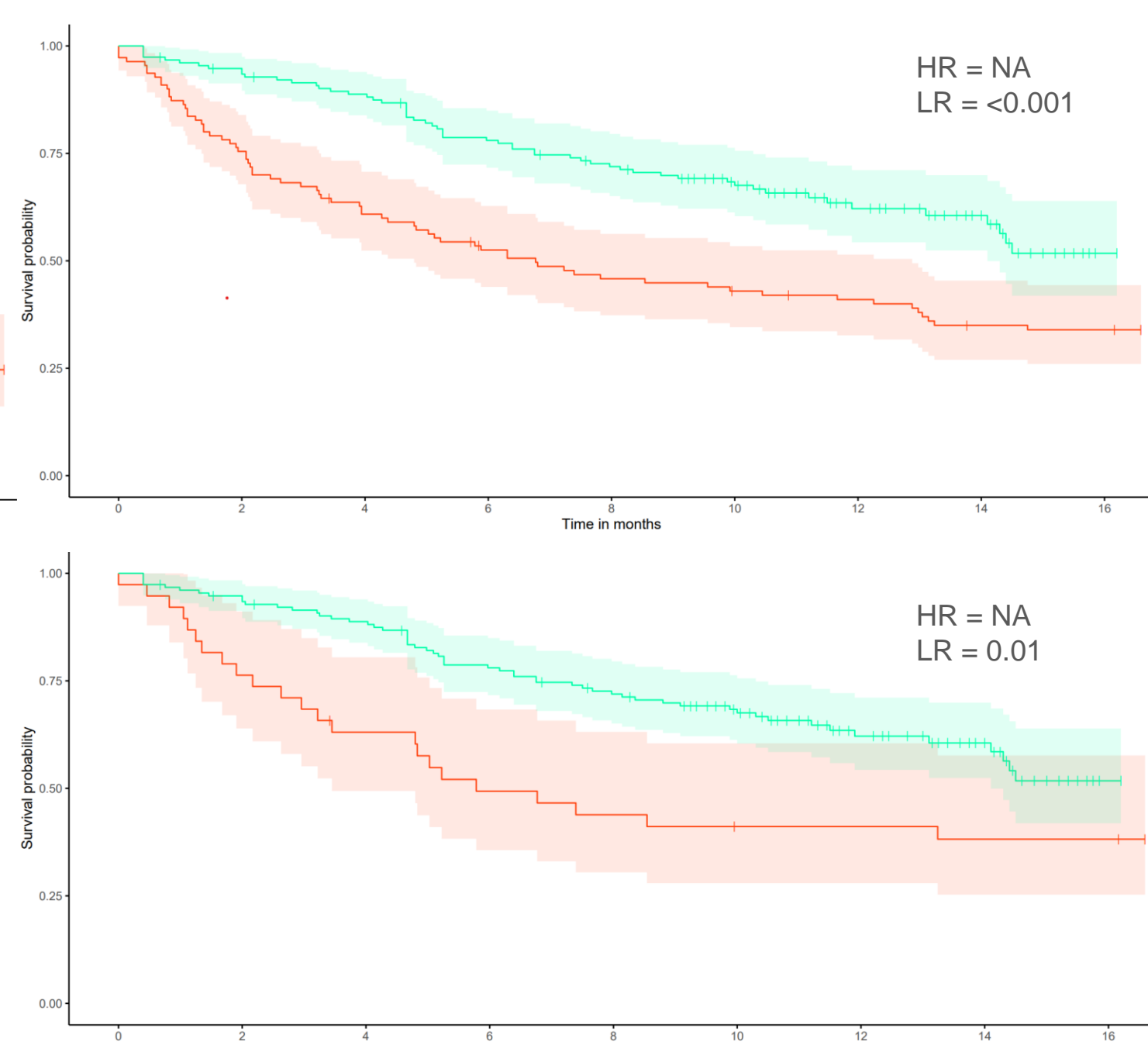
## Results

### ICARIA-MM

#### Progression free survival



#### Overall survival

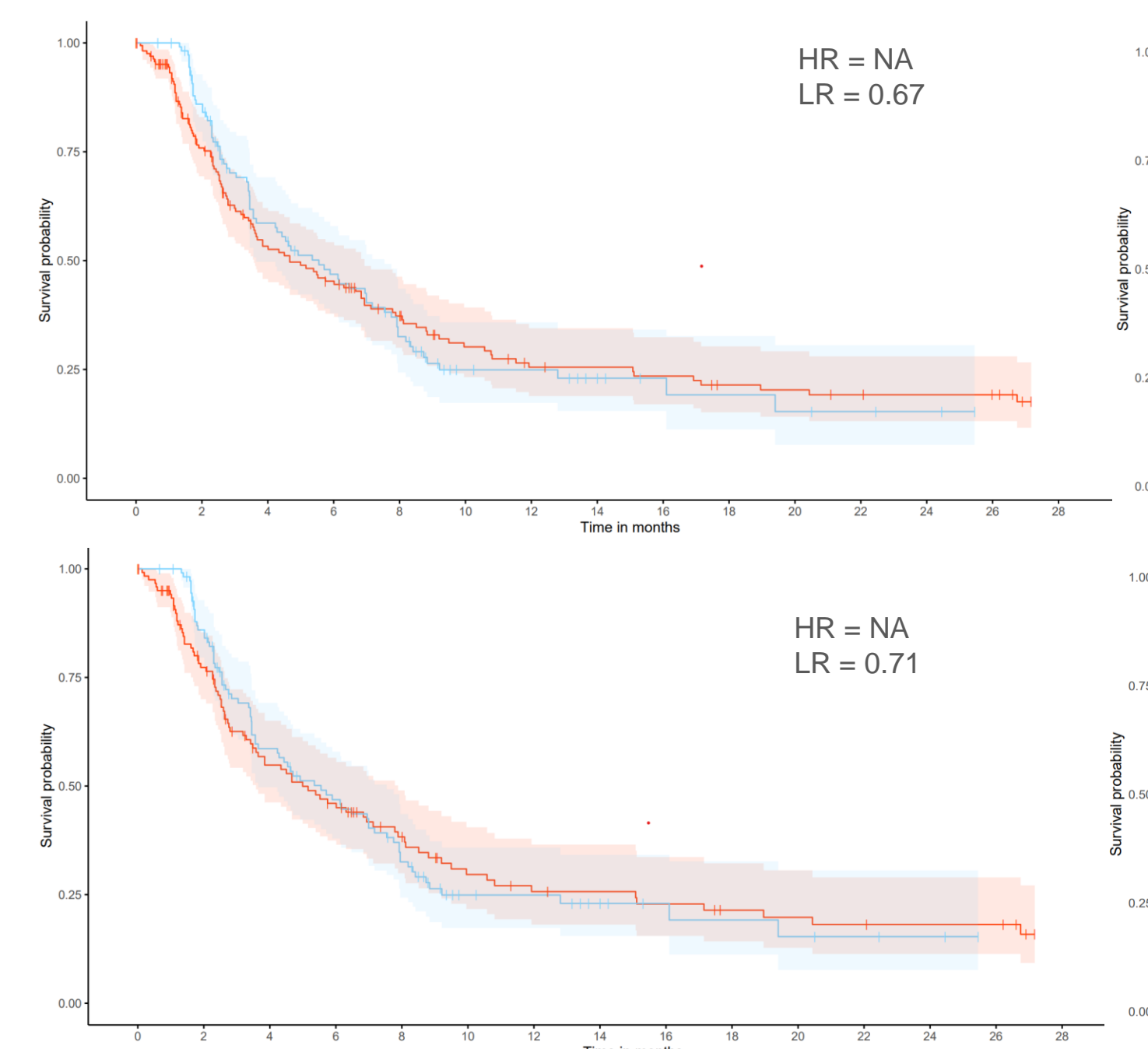


Strata + ECA + ICARIA-MM

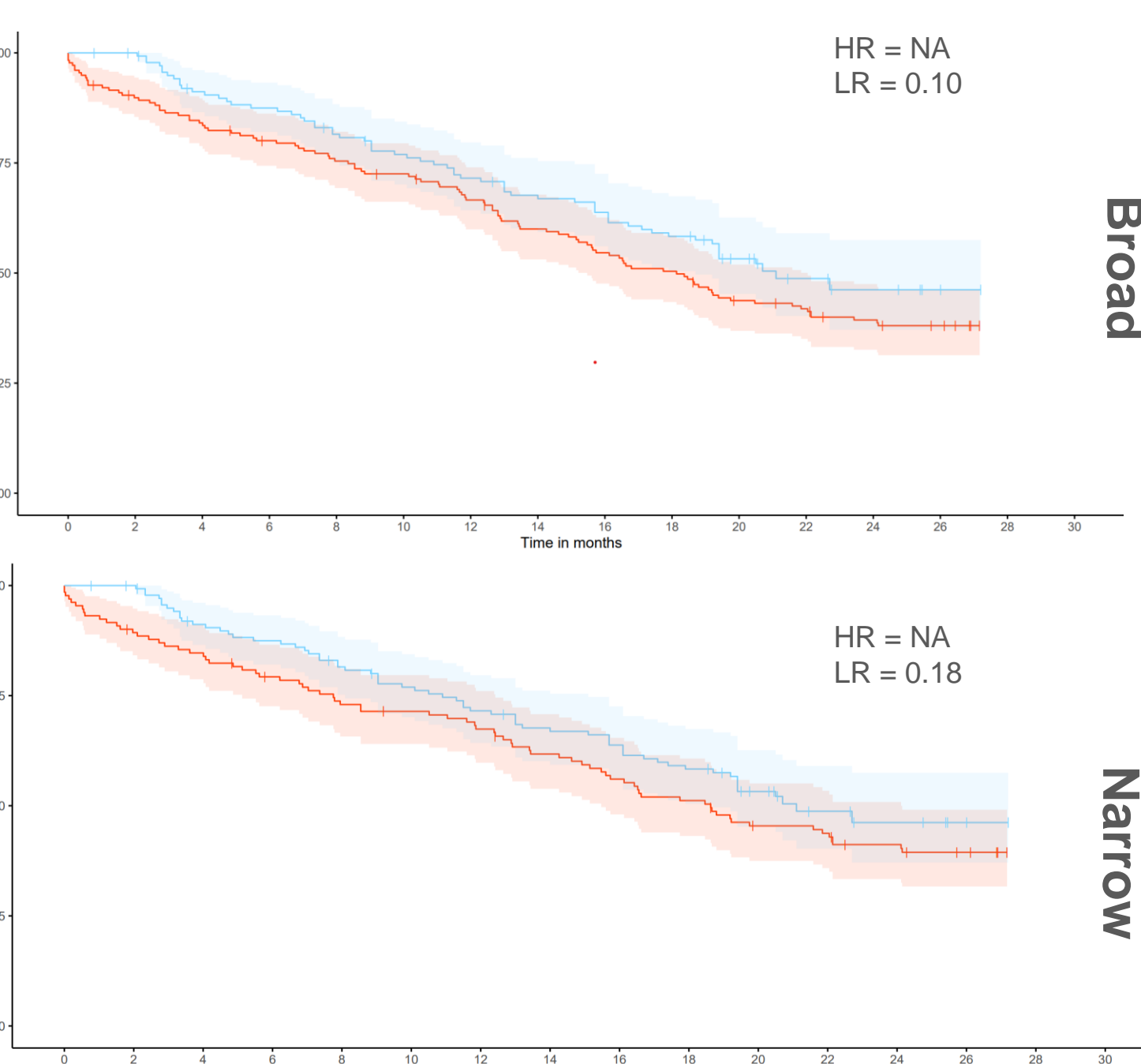
Figure 2. Comparison between the pomalidomide arm of **ICARIA-MM** and **Arcturis' ECA** constructed using the trial inclusion criteria, with PFS and OS as outcomes. The broad cohort fulfil the therapy inclusion criteria, the narrow fulfil a more extensive set of the **ICARIA-MM** inclusion criteria. Where proportional hazards was not observed a hazard ratio is not reported. HR = hazard ratio, LR – Log-rank p-value

### SIRIUS+GEN 501

#### Progression free survival



#### Overall survival



Strata + ECA + SIRIUS+GEN 501

Figure 3. Comparison between the single daratumumab arm of **SIRIUS+GEN501** and **Arcturis' ECA** constructed using the trial inclusion criteria, with PFS and OS as outcomes. The broad cohort fulfil the therapy inclusion criteria, the narrow fulfil a more extensive set of the **SIRIUS+GEN501** inclusion criteria. Where proportional hazards was not observed a hazard ratio is not reported. HR = hazard ratio, LR – Log-rank p-value

- From a total of 6,749 MM patients, ECAs were constructed for **ICARIA-MM** (N Broad = 110, N Narrow = 38), and **SIRIUS+GEN501** (N Broad = 177, N Narrow = 131).
- Despite fulfilling stringent inclusion criteria, **the ICARIA-MM ECA showed clear baseline demographic differences (see Table 1) to the original trial and exhibited a statistically similar PFS but longer OS** when compared to the trial control arm (Figure 2).
- **The PFS and OS distributions for the broad ECA for SIRIUS+GEN501 were similar to the trial arm**, with the null-hypothesis not rejected for any combination of cohort or outcome (Figure 3).

Covariate	ICARIA-MM			SIRIUS+GEN 501		
	Arcturis' ECA Broad cohort	Arcturis' ECA Narrow cohort	Control arm	Arcturis' ECA Broad cohort	Arcturis' ECA Narrow cohort	Pooled control arm
Age in years *	62 (59 – 66)	58 (56 – 60)	66 (59 – 71)	68 (44 – 84)	65 (44 – 84)	64 (31 – 84)
Male, n (%)	62 (56%)	20 (53%)	70 (46%)	102 (58%)	70 (53%)	78 (53%)
Time since diagnosis *	2.84 (2.1 – 4.3)	3.28 (1.7 – 4.1)	4.09 (2.9 – 7.0)	3.8 (0.1 – 17.3)	4.0 (0.5 – 17.3)	5.1 (0.8 – 23.8)
# prior LoT *	3 (2 – 4)	3 (2 – 4)	3 (2 – 4)	3 (1 – 8)	3 (1 – 7)	5 (2 – 14)
Prior PI, n (%)	110 (100%)	38 (100%)	153 (100%)	177 (100%)	131 (100%)	148 (100%)
Refractory to last LoT, n (%)	73 (66%)	27 (71%)	151 (99%)	130 (73%)	91 (69%)	135 (91%)

\* ICARIA median (IQR), SIRIUS+GEN501 median (range)

Table 1. Baseline demographics in Arcturis' ECAs compared to trial data.

## Conclusions

- **Construction of high-quality ECAs for RRMM is possible** with comprehensive secondary care data from a representative sample, **as demonstrated using data from the Arcturis data platform**.
- These **ECAs can be used in the absence of a trial control arm** to construct OS and rwPFS and to estimate a naive treatment effect of novel treatments.
- **ECAs constructed using stringent inclusion criteria can provide a better comparator to an intervention arm** when compared to indirect comparisons such as a matched adjusted indirect comparison (MAIC) analyses.
- **Subsequent comparative inference** to account for residual covariate imbalance **could be performed** if IPD from the focal trial is also available.

## Acknowledgements

- This work uses data provided by patients and collected by the NHS as part of their care and support. We believe using patient data is vital to improve health and care for everyone and would, thus, like to thank all those involved for their contribution.
- A pseudonymised dataset for this study was provided by the West of Scotland Safe Haven research database service at NHS Greater Glasgow and Clyde under REC approval [22/WS/0163](#).

## References

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